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PLEASE READ, REVIEW AND BRING WITH YOU
CONSENT AND INFORMATION FOR ORAL SEDATION

Triazolam (Halcion), Alprazolam (Xanax) and Diazepam (Valium) are medications that can greatly minimize anxiety that may be associated with going to the Periodontist. In a relaxed state, you will be able to communicate while treatment is being performed. Even though it is safe, effective, and wears off after the dental visit, you should be aware of some important precautions and considerations.

1. The onset of the oral sedation is 15 to 30 minutes. DO NOT DRIVE after you have taken the medication. The peak effect occurs between 1 and 2 hours. After that, it starts wearing off and most people feel normal after 6 to 10 hours. For safety reasons and because people react differently, you should not drive or operate machinery for 24 hours.
2. This medication should not be used if:
 - A. You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
 - B. You are pregnant or breast feeding
 - C. You have liver or kidney disease

Tell us if you are taking the following medications as they can adversely interact with the oral sedation:

Nefazodone (Serzone); cimetidine (Tagamet, Tagamet HB, Novocimetidine, or Peptol); levodopa (Dopar or Larodopa) for Parkinson's disease; antihistamines (such as Benadryl and Tavist); verapamil (Calan); diltiazem (Cardizem); erythromycin and the azole antimycotics (Biaxin, Zithromax, Nizoral or Sporanox); HIV drugs endeavor and nelfinovir; and alcohol. Of course, taking recreational/illicit drugs can also cause untoward reactions.

3. Side effects may include light-headedness, headache, dizziness, visual disturbances, and nausea.
4. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, etc. Taking it with too much food can make absorption into your system unpredictable.
5. If it has been indicated that intravenous conscious sedation may also be used, please do not eat or drink for 6 hours prior to your appointment. If diabetic, do normal routine or eat and don't take insulin.
6. Smokers will probably notice a decrease in the medications ability to achieve desire results.
7. On the way home, your seat in the car should be in the reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling. If you have any questions please call the office at 954-427-5700.

I understand these considerations. I have had an opportunity to ask questions and have them answered to my satisfaction.

Sign(patient): _____ Reviewer: _____ Date: _____